

Breast MRI

BREAST IMAGING

Breast MRI uses a magnetic field and radio waves to create detailed pictures of breast tissue and surrounding anatomy. It is approved by the FDA as an additional tool to help diagnose and detect breast cancers.

Suburban Imaging offers two types of Breast MRI exams. A referral from your healthcare provider is needed prior to scheduling either exam.

Standard Breast MRI

This is a *diagnostic* exam used for evaluating implants, further evaluating breast abnormalities found on mammography or ultrasound, planning cancer treatment, assessing the extent of cancer, and is also used as an additional screening test for women at high risk of developing breast cancer (greater than 20% lifetime risk).

Abbreviated Breast MRI

This is a *screening* exam used to detect breast cancers. Abbreviated Breast MRI is best for women with a family history of breast cancer, those with dense breast tissue, and/or BRCA 1 or BRCA 2 genetic mutations.

Abbreviated Breast MRI is used in conjunction with screening mammography; mammography is still the first test you should have to screen for breast cancer.

Abbreviated Breast MRI is not covered by health insurance however, flexible spending dollars can be used to cover the cost. The cost of Abbreviated Breast MRI is \$495.

To calculate your risk of developing breast cancer, visit www.cancer.gov/bcrisktool

How you should prepare

- Arrive 10-15 minutes early to complete registration.
- Bring your insurance card and a valid photo ID.
- Let us know about any of the following:
 - Any metal in your body
 - Claustrophobia
 - Kidney problems
 - Pregnancy - known or possible
 - Previous reactions to MRI contrast
 - Recent chemotherapy (within 30 days)



What happens during your exam

You will be asked to change into a gown or scrubs. Jewelry, watches, hair clips, piercings and possibly dentures will need to be removed.

All personal items will be kept in a secure locker outside of the MRI room. The technologist will give you headphones so you can listen to music during the exam.

The technologist will place an IV in your arm and position you on your stomach on the scanning table. Your breasts are placed into a depression in the table, which contains coils that detect the magnetic signal.

After an initial series of images have been taken, contrast will be injected into the IV line, and an additional set of images will be captured by the MRI scanner. Traditional (diagnostic) Breast MRI takes about one hour; Abbreviated (screening) Breast MRI takes about 15 minutes. There is no pain associated with either Breast MRI exam.

After your exam

There are no restrictions after your exam. You can resume your regular diet and activities.

The images will be interpreted by a board-certified radiologist (physician) who specializes in breast imaging. A report will be sent to your healthcare provider, who will then contact you to discuss the results.

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Suburban imaging

www.suburbanimaging.com

Your scheduled appointment

Date: _____

Arrival Time: _____ Appointment Time: _____

Exam: Abbreviated Breast MRI Standard Breast MRI

Location:

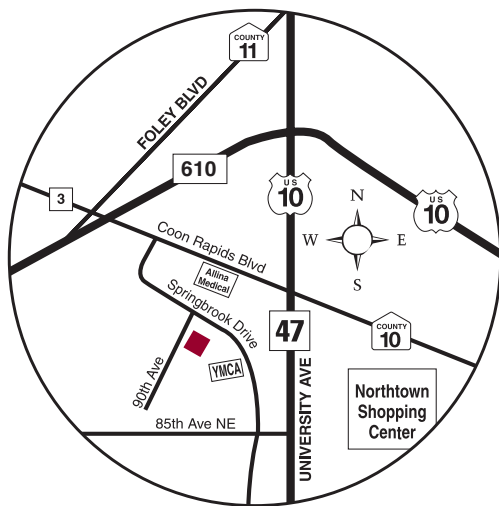
Coon Rapids scheduling: 763.792.1999

Southdale scheduling: 952.893.0000

Suburban Imaging – Coon Rapids

MMEC I, Suite 140
8990 Springbrook Drive
Coon Rapids, MN 55433
main 763.792.1900

Suburban Imaging—Coon Rapids is in the center of the building with free parking.



From the North

Take Hwy 10 east and merge onto Hwy 47 (right two lanes). Exit on Coon Rapids Blvd/Cty Rd 3 (next exit after 610 exit). Turn right on Coon Rapids Blvd, and take an immediate left onto Springbrook Drive. Turn right onto 90th Ave. Take the first left into our parking lot.

From the South

Take I-694 west to University Ave (Hwy 47). Turn right and continue north on University Ave. Turn left at 85th Ave. Turn right onto Springbrook Drive; left onto 90th Ave. Take the first left into our parking lot.

From the West

Go east on Hwy 610 and take the Coon Rapids Blvd (Cty Rd 3) exit. Turn right onto Coon Rapids Blvd. At the second stoplight, turn right onto Springbrook Drive. Turn right on 90th Ave. Take the first left into our parking lot.

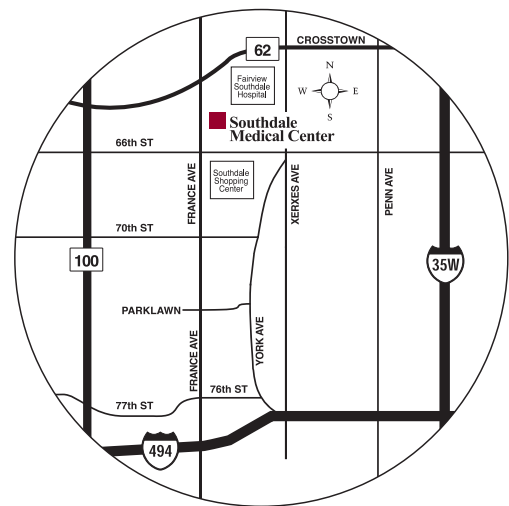
From the East

Go west on Cty Rd 10, which becomes Coon Rapids Blvd. Proceed past Northtown Shopping Center. Turn left onto Springbrook Drive. Turn right onto 90th Ave. Take the first left into our parking lot.

Suburban Imaging – Southdale

Southdale Medical Center, Suite 125
6545 France Avenue S
Edina, MN 55435
main 952.405.2777

Suburban Imaging—Southdale is on the first floor of the Southdale Medical Center, with free parking.



From the North

Go south on Hwy 100 and exit Hwy 62 (Crosstown) going east. Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the South

Go north on Hwy 100 and exit Hwy 62 (Crosstown) going east. Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the West

Go west on Hwy 62 (Crosstown). Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the East

Go east on Hwy 62 (Crosstown). Follow to France Ave exit and turn left. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.