What you should know about Chest CT Lung Cancer Screening

Who should have a lung screening?
Men and women age 55-80 who are current smokers or quit less than 15 years ago should consider getting a lung cancer screening. If you meet the criteria of the National Lung Screening Trial (NLST), you do not need a doctor’s referral to have this exam. Call our scheduling line to see if you qualify, or discuss with your primary physician.

Is the exam covered by insurance?
At this time, chest CT lung cancer screenings are not covered by most insurance companies. Check with your insurance provider to verify coverage.

The cost of a screening is $99. Payment can be made via cash, check or credit card at the time of your appointment. You are able to use your health care flexible medical spending account or medical savings plan to pay for the screening.

Helpful web links
The National Cancer Institute, lung cancer information
www.cancer.gov/cancertopics/pdq/screening/lung/Patient

National Lung Screening Trial
www.cancer.gov/clinicaltrials/noteworthy-trials/nlst

What is a lung screening?
A lung screening is a low-dose (low-radiation) chest CT exam used to detect early stage lung cancer before signs or symptoms appear.

Why should I have a screening?
An x-ray of the chest can be taken to look for early lung cancer, but recent medical studies have shown that low-dose CT scans provide better results. CT scans are able to detect very small nodules in the lung. Chest CT is especially effective for diagnosing lung cancer at its earliest, most curable stage.

In 2010, the National Lung Screening Trial (NLST) found 20% fewer lung cancer deaths among participants screened with low-dose CT compared to those screened with chest X-rays.

What does the screening tell me?
A low-dose chest CT screening may detect lung abnormalities or nodules that would not otherwise be visible on a chest x-ray. Many nodules will be non-cancerous and require no treatment. Some nodules may require follow up with further testing.

What happens after my screening?
After the screening exam, your images will be interpreted by a board-certified radiologist specializing in body imaging. The findings will be sent to your healthcare provider, so that they can review the results with you and determine if any follow up is needed.

How you should prepare
Wear comfortable clothes without metal fasteners, including zippers, buttons and snaps.
Arrive 15 minutes early to complete registration.
Bring with you: your appointment form, insurance information and insurance card, valid photo i.d.
Please let us know if you have allergies to medications, iodine or x-ray contrast.

your scheduled appointment
Date: __________________________________________
Arrival Time:________         Appointment Time:________
Location:
- Blaine
- Coon Rapids
- Maple Grove scheduling: 763.792.1999
- Burnsville
- Southdale scheduling: 952.893.0000

How you should prepare
Wear comfortable clothes without metal fasteners, including zippers, buttons and snaps.
Arrive 15 minutes early to complete registration.
Bring with you: your appointment form, insurance information and insurance card, valid photo i.d.
Please let us know if you have allergies to medications, iodine or x-ray contrast.

Map and directions on reverse side >>
For detailed directions, visit our website at www.suburbanimaging.com

Suburban Imaging – Blaine
Blaine Medical Center, Suite 130
11855 Ulysses Street NE
Blaine, MN 55434
main 763.225.6500

Suburban Imaging – Burnsville
Burnsville Medical Center, Suite 204
14000 Nicollet Avenue South
Burnsville, MN 55337
main 952.898.2333

Suburban Imaging – Coon Rapids
MMEC I, Suite 140
8990 Springbrook Drive
Coon Rapids, MN 55433
main 763.792.1900

Suburban Imaging – Maple Grove
Arbor Lakes Medical Building, Suite 310
12000 Elm Creek Blvd
Maple Grove, MN 55369
main 763.416.7888

Suburban Imaging – Southdale
Southdale Medical Center, Suite 125
6545 France Avenue South
Edina, MN 55435
main 952.405.2777