

# Bone Scan

A bone scan is used to detect arthritis, neoplasms, fractures and sports injuries, tumors and metastatic disease, as well as evaluate unexplained bone pain.

## How you should prepare

- There are no restrictions prior to this exam. You may eat, drink and take all of your prescribed medications.
- Wear comfortable clothes without metal fasteners, including zippers, buttons and snaps.
- Arrive 15 minutes early to complete registration.
- Bring with you:
  - Your appointment form
  - Your insurance card and a valid photo ID
- Please let us know about any of the following:
  - Pregnancy, known or possible
  - If you are a nursing mother
  - Allergies or sensitivities to any substances or drugs

**Suburban  
imaging**

[www.suburbanimaging.com](http://www.suburbanimaging.com)

## Your scheduled appointment

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Appointment Time (tracer injection): \_\_\_\_\_

Return Time (imaging): \_\_\_\_\_

Location:

Northwest scheduling: 763.792.1999

Canceling exam requires 48 hour notice. Call scheduling number.

## What happens during the exam

Bone scans are performed in two parts. During the first portion of the exam, a small amount of radioactive tracer will be injected in a vein in your arm. The tracer is carried into the blood to the skeletal system where it is distributed throughout your bones.

It takes several hours for the tracer to be absorbed by your bones. You may leave Suburban Imaging after you receive the injection and return about 2 ½ to 4 hours later for the imaging portion of the exam. You will be asked to drink extra liquids during this time. The technologist will give you a specific time to come back to Suburban Imaging.

When you return, you will lie on your back on a cushioned table while images are taken, which takes about 30-45 minutes. The nuclear medicine camera will take images of a specific area or your entire body. A nuclear medicine technologist will be in the room with you for the entire exam.



Depending on the information your healthcare provider requested, you may have two sets of images taken. The first set of images will be taken immediately after the tracer is injected, and will take between 15-30 minutes. You will leave Suburban Imaging and return for the second set of images as described above.

## After your exam

Unless directed otherwise, you can resume normal activities immediately after this exam. The tracer remains in your body for a short time and is cleared through natural bodily functions.

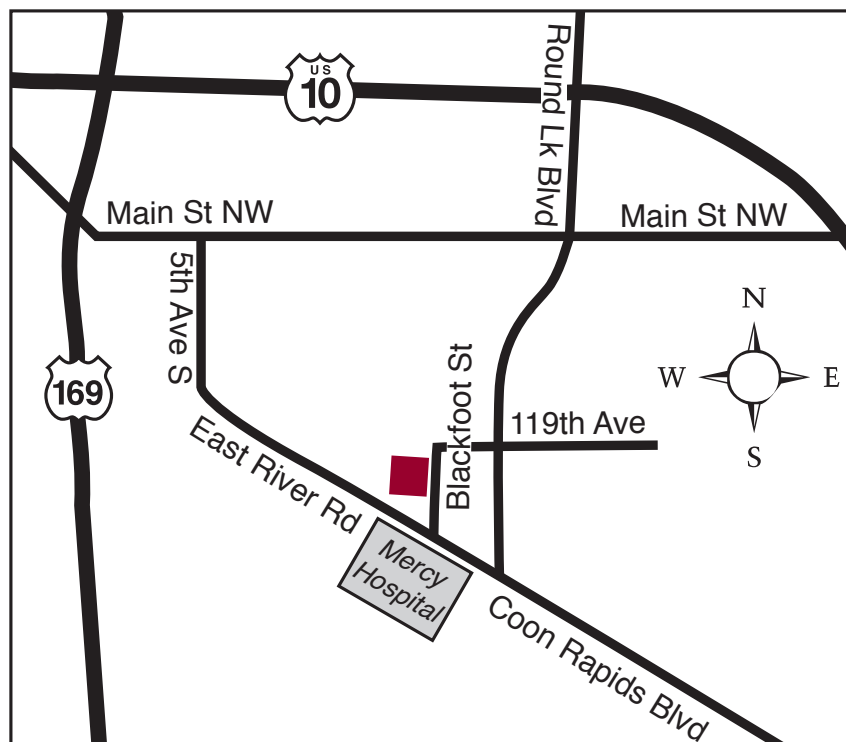
Your images will be interpreted by a board-certified radiologist (medical doctor) specializing in body imaging. The findings will be sent to your healthcare provider. Your healthcare provider will contact you to discuss the results.

>> **Map and directions on reverse side** >>

## Suburban Imaging – Northwest

Mercy Specialty Center, Suite 180  
11850 Blackfoot Street NW | Coon Rapids, MN 55433  
main 763.795.1600

Suburban Imaging – Northwest is on the first floor of the Mercy Specialty Center with free parking.



### From the North

Take Hwy 10 east and exit on Round Lake Blvd. Turn right on Round Lake Blvd, traveling southbound. Turn right onto 119<sup>th</sup> Ave NW (turns into Blackfoot Street NW). Turn right into the Mercy Specialty Center parking lot.

### From the South

Take I-94 west and continue on Hwy 252 north. Follow Hwy 610 east and take the East River Road exit. Turn left on East River Road, which becomes Coon Rapids Blvd. Continue on Coon Rapids Blvd and turn right on Blackfoot Street NW. Turn left into the Mercy Specialty Center parking lot.

### From the West

Take Hwy 169 north and exit onto Main Street (Anoka). Turn right onto 5<sup>th</sup> Ave S. Continue onto East River Road/Coon Rapids Blvd. Turn left on Blackfoot Street NW. Take the first left into the Mercy Specialty Center parking lot.

### From the East

Take Hwy 10 east toward Anoka, exiting on Round Lake Blvd. Turn left on Round Lake Blvd, traveling southbound. Turn right onto 119<sup>th</sup> Ave NW (turns into Blackfoot Street NW). Turn right into the Mercy Specialty Center parking lot.