

Suburban imaging

Your scheduled appointment – see restrictions below

You are scheduled for:

- Thyroid Uptake and Scan I-123
(restrictions 1-6 below)
- Thyroid Whole Body Diagnostic Scan I-123
(all restrictions below)
- Thyrogen I-123 Whole Body Diagnostic Scan
(restrictions 4, 5, 6 and 7 below)
- I-131 Thyroid Therapy for Hyperthyroidism,
Graves' Disease or goiter
*(restrictions 1-6 below, plus after therapy restrictions
– see I-131 Thyroid Therapy Instructions)*

Appt 1 Date: _____

Do not eat or drink anything 2 hours before your appointment.

Arrival Time: _____

Appt Time: _____

Appt 2 Date: _____

Arrival Time: _____

Appt Time: _____

Location: Northwest

scheduling: 763.792.1999

Canceling exam requires 48 hour notice. Call scheduling number.

Thyroid Imaging: Medication, Supplement and Food Restrictions

*Please follow the below restrictions from Suburban Imaging,
unless instructed otherwise by your doctor/healthcare provider.*

1. Anti-thyroid drugs: off 4 days prior to exam unless instructed otherwise by your doctor/healthcare provider

- Carbimazole
- Methimazole (tapazole)
- Propylthiouracile (PTU)

2. T4 therapy: off 6 weeks prior to exam unless instructed otherwise by your doctor/healthcare provider

- Thyroxine (T4)
- Generic name = levothyroxine sodium
- Brand name = Synthroid, Levoxyl, Levothyroid, Unithyroid

3. T3 Therapy: off 2 weeks prior to exam unless instructed otherwise by your doctor/healthcare provider

- Armour thyroid
- Cytomel

4. Antiarrhythmics: off 6 months prior to exam unless instructed otherwise by your doctor/healthcare provider

- Amiodarone

5. Multivitamins and fish oil supplements: off 10 days prior to exam unless instructed otherwise by your doctor/healthcare provider

6. Contrast: no x-ray or CT exams using IV contrast (x-ray dye) for 4 weeks prior to exam unless instructed otherwise by your doctor/healthcare provider

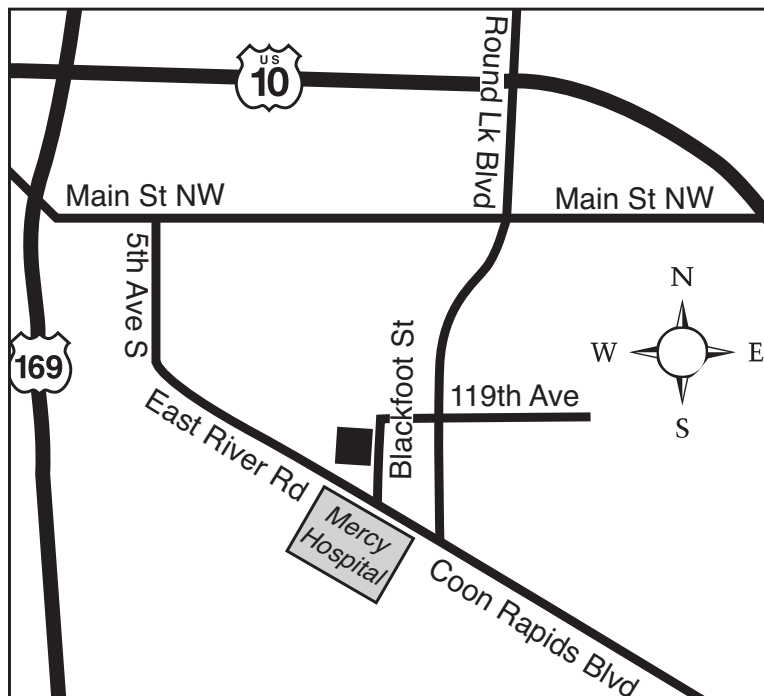
7. Foods: avoid foods high in iodine for 10 days prior to exam unless instructed otherwise by your doctor/healthcare provider

- Iodized salt and sea salt
- Fish and sea food (shrimp, lobster, sushi, etc.)
- Eggs
- White bread
- Cheese
- Mayonnaise
- Cheesecake
- Condensed milk
- Sea kelp
- Seaweed
- Trifle
- Jaffa cakes
- Malt bread
- Naan bread
- Yorkshire pudding

Suburban imaging

Suburban Imaging – Northwest

Mercy Specialty Center, Suite 180
11850 Blackfoot Street NW | Coon Rapids, MN 55433
main 763.795.1600



From the North

Take Hwy 10 east and exit on Round Lake Blvd. Turn right on Round Lake Blvd, traveling southbound. Turn right onto 119th Ave NW (turns into Blackfoot Street NW). Turn right into the Mercy Specialty Center parking lot.

From the South

Take I-94 west and continue on Hwy 252 north. Follow Hwy 610 east and take the East River Road exit. Turn left on East River Road, which becomes Coon Rapids Blvd. Continue on Coon Rapids Blvd and turn right on Blackfoot Street NW. Turn left into the Mercy Specialty Center parking lot.

From the West

Take Hwy 169 north and exit onto Main Street (Anoka). Turn right onto 5th Ave S. Continue onto East River Road/Coon Rapids Blvd. Turn left on Blackfoot Street NW. Take the first left into the Mercy Specialty Center parking lot.

From the East

Take Hwy 10 east toward Anoka, exiting on Round Lake Blvd. Turn left on Round Lake Blvd, traveling southbound. Turn right onto 119th Ave NW (turns into Blackfoot Street NW). Turn right into the Mercy Specialty Center parking lot.