

what you should know
& how to prepare

Migraine Pain Relief



Suburban imaging



What is a Sphenopalatine Ganglion Block?

The sphenopalatine ganglion (SPG) is a collection of nerve cells located just beneath the tissue lining the back of the nose. An SPG block is an in-office procedure that provides patients with immediate relief from migraine headaches.

During the procedure, a SphenoCath® device delivers a local anesthetic to the SPG through the nasal cavity without the use of needles, cotton swabs, or harsh medications. By applying a local anesthetic to the SPG nerve cells, nerve impulses are blocked, providing temporary relief from migraine headache discomfort and facial pain.

For most patients, the procedure is well tolerated with only a few recipients feeling brief and very minor irritation of the nasal passages.

How you should prepare

- Arrive 10 -15 minutes early to complete registration.
- Complete the SPG Patient Health History and the HIT 6 Test upon arrival.
- Bring your insurance card and a valid photo ID.

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What happens during your exam

Your first appointment will take approximately 60 minutes. You will be evaluated to determine if you are a candidate for a sphenopalatine ganglion (SPG) block. Once the procedure begins, you will lie down on an exam table. An interventional radiologist (a board-certified physician) will use a SphenoCath® device to deliver a local anesthetic such as lidocaine (the same or similar medication used by a dentist) to your SPG through your nasal passage. The SphenoCath® is small and soft and the procedure is not painful. An SPG block using the SphenoCath® takes two to three minutes. You will remain in a flat or reclined position for 10-15 minutes afterwards to maximize the benefit.

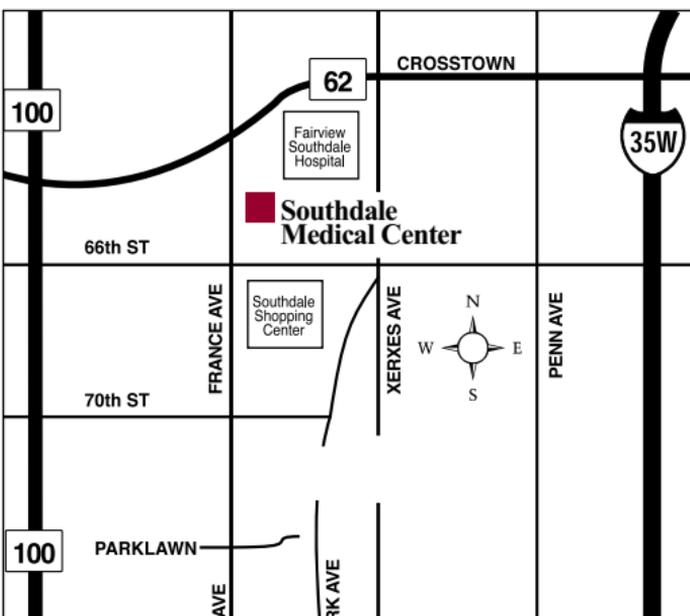
What happens after your exam

Following the SPG block you will need to have someone available to drive you home if you are not able to safely drive yourself. Refrain from eating or drinking for two hours after the procedure and avoid strenuous activity for 24 hours.

Southdale: 952.405.2777

Southdale Medical Center

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For detailed directions, visit our website:

www.suburbanimaging.com

Suburban imaging

Thank you for choosing Suburban Imaging.

Our team of subspecialty-trained radiologists, qualified imaging technologists and friendly professional staff come together to provide you with compassionate care. Your comfort is our main concern.

We are conveniently located throughout the Twin Cities area to provide easy access for your imaging needs:

**Blaine • Burnsville • Coon Rapids • Fridley
Maple Grove • Northwest • Southdale • The Breast Center**

We offer the following services:

**MRI • CT • PET/CT • Ultrasound
Spinal & Joint Injections • Nuclear Medicine
Vascular Center • X-ray • Bone Density
Mammography • Breast Diagnostic Services**

your scheduled appointment

Date: _____ Time: _____

Special instructions:

Location:

Southdale

scheduling line: 952.893.0000