

Fine Needle Aspiration (FNA)

ULTRASOUND

A fine needle aspiration is a type of biopsy, generally performed on the neck and sometimes the head. A small, thin hollow needle is inserted through the skin to the site of an abnormal growth (a lump or mass) to collect and remove a sample of cells.



What happens during the procedure

The biopsy portion will take about five minutes, although the entire exam lasts 20-30 minutes to accommodate patient education and preparation.

You may be asked to change into a gown. The procedure will be explained to you and you may ask any questions you have.

You will lie on a cushioned exam table on your back. The area to be biopsied will be imaged with an ultrasound scan. Ultrasound provides real-time imaging, making it a good tool for guiding biopsies. A small amount of warm gel will be spread on your skin in order to maintain good contact with the ultrasound wand. Once the mass/lump is found, your skin will be marked with a special marker.

Next, the area will be cleansed with an antiseptic solution and then numbed with a local anesthetic; you will feel a prick and a slight burning sensation – this is temporary and will gradually dissipate after the procedure. You should not feel any discomfort during the rest of the procedure except for slight pressure from the ultrasound wand.

Typically there will be eight separate cell samples obtained. The samples of cells will be handed to a specially-trained ultrasound technologist who will apply them to slides.

After your procedure

The slides with the cell samples will be sent to a laboratory for analysis by a pathologist. The results will be sent to your healthcare provider. Your healthcare provider will contact you to discuss the results.

You may resume your normal diet, activities and prescribed medications (resume blood thinner medication tomorrow). Your neck may feel sore for several days after the procedure.

As with any procedure involving a needle, there is a rare chance of infection or bleeding at the injection site.

>> **Map and directions on reverse side** >>

How you should prepare

- Arrive 15 minutes early to complete registration.
- Bring your appointment form and a valid photo ID.
- Please let us know about any allergies to medications.

Suburban imaging

www.suburbanimaging.com

Your scheduled appointment

Date: _____

Arrival Time: _____ Appointment Time: _____

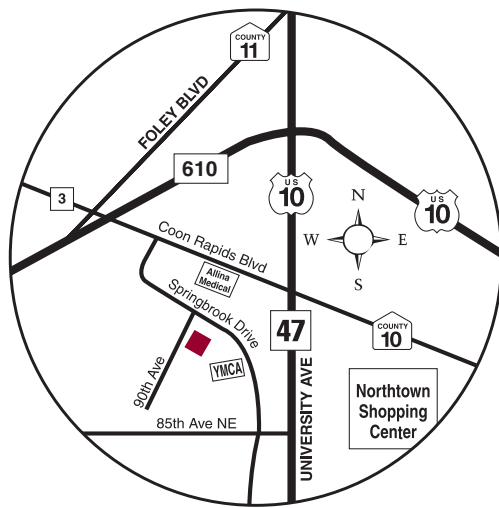
Location:

- Coon Rapids scheduling: 763.792.1999
- Southdale scheduling: 952.893.0000

Suburban Imaging – Coon Rapids

MMEC I, Suite 140
8990 Springbrook Drive
Coon Rapids, MN 55433
main 763.792.1900

Suburban Imaging—Coon Rapids
is in the center of the building with free parking.



From the North

Take Hwy 10 east and merge onto Hwy 47 (right two lanes). Exit on Coon Rapids Blvd/Cty Rd 3 (next exit after 610 exit). Turn right on Coon Rapids Blvd, and take an immediate left onto Springbrook Drive. Turn right onto 90th Ave. Take the first left into our parking lot.

From the South

Take I-694 west to University Ave (Hwy 47). Turn right and continue north on University Ave. Turn left at 85th Ave. Turn right onto Springbrook Drive; left onto 90th Ave. Take the first left into our parking lot.

From the West

Go east on Hwy 610 and take the Coon Rapids Blvd (Cty Rd 3) exit. Turn right onto Coon Rapids Blvd. At the second stoplight, turn right onto Springbrook Drive. Turn right on 90th Ave. Take the first left into our parking lot.

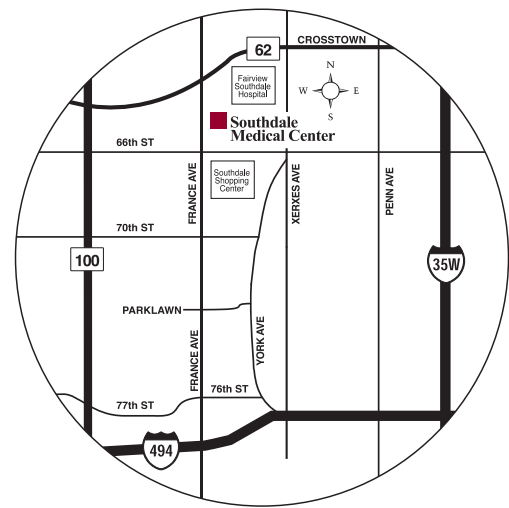
From the East

Go west on Cty Rd 10, which becomes Coon Rapids Blvd. Proceed past Northtown Shopping Center. Turn left onto Springbrook Drive. Turn right onto 90th Ave. Take the first left into our parking lot.

Suburban Imaging – Southdale

Southdale Medical Center, Suite 125
6545 France Avenue S
Edina, MN 55435
main 952.405.2777

Suburban Imaging—Southdale is on the first floor of the
Southdale Medical Center, with free parking.



From the North

Go south on Hwy 100 and exit Hwy 62 (Crosstown) going east. Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the South

Go north on Hwy 100 and exit Hwy 62 (Crosstown) going east. Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the West

Go west on Hwy 62 (Crosstown). Follow to France Ave exit and turn right. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.

From the East

Go east on Hwy 62 (Crosstown). Follow to France Ave exit and turn left. Turn left onto 65th St and take immediate right into Southdale Medical Center parking lot.