

Breast MRI

BREAST IMAGING

Breast MRI uses a magnetic field and radio waves to create detailed pictures of breast tissue and surrounding anatomy. It is approved by the FDA as an additional tool to help diagnose and detect breast cancers.

Suburban Imaging offers two types of Breast MRI exams. A referral from your healthcare provider is needed prior to scheduling either exam.

Standard Breast MRI

This is a *diagnostic* exam used for evaluating implants, further evaluating breast abnormalities found on mammography or ultrasound, planning cancer treatment, assessing the extent of cancer, and is also used as an additional screening test for women at high risk of developing breast cancer (greater than 20% lifetime risk).

Abbreviated Breast MRI

This is a *screening* exam used to detect and diagnose breast cancers. Abbreviated Breast MRI is for women with dense breast tissue and/or a moderately increased risk of developing breast cancer (15%-20% lifetime risk).

Abbreviated Breast MRI is used in conjunction with screening mammography; mammography is still the first test you should have to screen for breast cancer.

Please note that Abbreviated Breast MRI is not covered by health insurance. For details regarding cost, please call our billing office at (952) 837-9700 or complete the "Request Estimate" form at our website: www.suburbanimaging.com/estimate

To calculate your risk of developing breast cancer, visit www.cancer.gov/bcrisktool

How you should prepare

- Arrive 10-15 minutes early to complete registration.
- Bring your insurance card and a valid photo ID.
- Let us know about any of the following:
 - Any metal in your body
 - Claustrophobia
 - Kidney problems
 - Pregnancy - known or possible
 - Previous reactions to MRI contrast
 - Recent chemotherapy (within 30 days)



What happens during your exam

You will be asked to change into a gown or scrubs. Jewelry, watches, hair clips, piercings and possibly dentures will need to be removed.

All personal items will be kept in a secure locker outside of the MRI room. The technologist will give you headphones so you can listen to music during the exam – you can bring a favorite CD with you or listen to a radio station of your choice.

The technologist will place an IV in your arm and position you on your stomach on the scanning table. Your breasts are placed into a depression in the table, which contains coils that detect the magnetic signal.

After an initial series of images have been taken, contrast will be injected into the IV line, and an additional set of images will be captured by the MRI scanner. Traditional (diagnostic) Breast MRI takes about one hour; Abbreviated (screening) Breast MRI takes about 15 minutes. There is no pain associated with either Breast MRI exam.

After your exam

There are no restrictions after your exam. You can resume your regular diet and activities.

The images will be interpreted by a board-certified radiologist (physician) who specializes in breast imaging. A report will be sent to your healthcare provider, who will then contact you to discuss the results.

Suburban imaging

www.suburbanimaging.com

Your scheduled appointment

Date: _____

Arrival Time: _____ Appointment Time: _____

Exam: Abbreviated Breast MRI Standard Breast MRI

Location:

Coon Rapids scheduling: 763.792.1999

Southdale scheduling: 952.893.0000

>> Continues on reverse side >>

Breast MRI